

BREAKFAST

MONDAY

**Staff
Development/
Student Holiday**

3

TUESDAY

Taco Bar (2 Tacos, 2 Items):
Tortilla, Cheese, Bacon, Chorizo,
Potatoes, Salsa,, Beans, Eggs
or
Apple Cinnamon
Oatmeal & Sausage
1 Cup Assorted Fruits

4

WEDNESDAY

Egg & Cheese
Bagel
or
Ham Wrap
1 Cup Assorted Fruits

5

THURSDAY

Blueberry Parfait
or
Scrambled Egg & Cheese
w/ WG Toast &
Ranchero Salsa
1 Cup Assorted Fruits

6

FRIDAY

2 WG Pancake w/ Syrup
& Turkey Sausage
or
Pancake Sandwich
1 Cup Assorted Fruits

7

Blueberry Bagel
1 oz Cream Cheese Cup
or
Banana Loaf &
String Cheese
1 Cup Assorted Fruits

10

Taco Bar (2 Tacos, 2 Items):
Tortilla, Cheese, Sausage
Crumble, Potatoes, Salsa, Bacon,
Beans, Eggs
or
Cinnamon Bagel &
Yogurt Cup
1 Cup Assorted Fruits

11

Egg & Cheese
Croissant
or
Hash Brown & 2
Sausage & Ketchup
1 Cup Assorted Fruits

12

Strawberry Parfait
or
Breakfast Toaster
1 Cup Assorted Fruits

13

WG French Toast
& Cinnamon Drizzle
& Turkey Sausage
or
Sausage, Egg & Cheese
Biscuit
1 Cup Assorted Fruits

14

Homemade Kolache
or
Cheese Omelette & Red
Salsa w/ Toast
1 Cup Assorted Fruits

17

Taco Bar (2 Tacos, 2 Items):
Tortilla, Cheese, Bacon, Sausage
Crumble, Potatoes, Salsa, Beans,
Eggs
or
Berry Blast Oatmeal & 3 Sic
Bacon
1 Cup Assorted Fruits

18

Crispy Chicken
Biscuit & Hot Honey
or
Ham & Cheese
Tater Tot Bake
1 Cup Assorted Fruits

19

Chunky Monkey
Parfait
or
Pancake Wrap
1 Cup Assorted Fruits

20

Sausage & Cheese
Pancake Sandwich
or
Honeybun w/ String Cheese
1 Cup Assorted Fruits

21

HAPPY
**Thanks.
giving.**

24

HAPPY
**Thanks.
giving.**

25

HAPPY
**Thanks.
giving.**

26

HAPPY
**Thanks.
giving.**

27

HAPPY
**Thanks.
giving.**

28

Menu items are subject to change based on product availability. This menu follows the USDA School Breakfast Program (SBP) meal pattern requirements for grades 6-12. Students will have the option to choose between 1% white milk, fat-free chocolate milk with each breakfast. 6-12th will have choice of parfaits, muffins, and cereals daily.

Thanksgiving Hosting Events: Nov 11th-Nov 20th

LUNCH

MONDAY

**Staff
Development/
Student Holiday**

3

TUESDAY

Chicken Parmesan Panini
or Chicken
& Cheese Nachos w/
Toppings & Salsa & Sour Cream
or Sunbutter & Jelly Sandwich
Cheddar Cheese Sunchips
Refried Beans
Side Salad & Ranch
1 Cup Assorted Fruits

4

WEDNESDAY

Cheeseburger
w/ Mayo/Mustard/Ketchup **or**
Popcorn Chicken Bowl & ½ Cup
Rice **or** Deli power Pack
Potato Wedges & Ketchup
Caesar Salad & Dressing
1 Cup Assorted Fruits

5

THURSDAY

Grilled Cheese **or**
Baked Pasta **or**
Buffalo Chicken Sandwich
Sliced Cucumber & Ranch
¾ Cup Seasoned Diced Carrots
1 Cup Assorted Fruits
Sweet Treat

6

FRIDAY

Beef Lasagna **or** Beef
Enchilada **or** Chicken Caesar
Wrap
**Seasoned Green Beans/
¾ cup Sliced Red Bell Pepper
& Ranch**
1 Cup Assorted Fruits

7

Asian Chicken Noodle Bowl
w/ Egg Roll **or** Cheese Pizza **or**
Turkey Sandwich
¾ C Sweet Potato Fries
Fresh Broccoli & Ranch
1 Cup Assorted Fruits

10

Navajo Taco w/ Salsa **or** Beef
& Cheese Nachos w/
Toppings & Salsa & Sour Cream **or**
Sunbutter & Jelly Sandwich
Cheddar Cheese Sunchips
Pinto Beans
Side Salad w/ Croutons & Ranch
1 Cup Assorted Fruits

11

Chicken Tenders
w/ Roll & Ketchup
or Deli Melt **or**
Diced Chicken Salad w/ Roll
Mashed Potato & Gravy
Mango Coleslaw
1 Cup Assorted Fruits

12

BBQ Chicken Drumstick
Cornbread
or Pepperoni Pizza **or**
Buffalo Chicken Sandwich
Sliced Cucumber & Ranch
¾ Cup Seasoned Diced Carrots
1 Cup Assorted Fruits
Sweet Treat

13

Southwest Burger
with Chipotle Mayo **or** Chicago
Hot Dog **or** Chicken Caesar Wrap
Cucumber & Tomato Salad
French Fries & Ketchup
1 Cup Assorted Fruits

14

Pepperoni Pizza **or**
Chicken Spinach Alfredo **or**
Turkey Sandwich
¾ C Sweet Potato Fries
Fresh Broccoli & Ranch
1 Cup Assorted Fruits

17

Beef & Cheese Taco Bowl
w/ Toppings & Salsa & Sour
Cream **or** Beef and Chimichurri Rice
Bowl **or** Sunbutter & Jelly Sandwich
Cheddar Cheese Sunchips
Black Bean & Corn Salad
Side Salad w/ Croutons & Ranch
1 Cup Assorted Fruits

18

Chicken Burger w/ Bastrop
Chicken Sauce **or** Loaded Baked
Potato with Cheese & Beef Taco
Meat w/ Pico de Gallo
Cornbread **or** Ham Wrap
French Fries & Ketchup
Fresh Celery and Ranch
1 Cup Assorted Fruits

19

Meatball Sub & Marinara Sauce
or Buffalo Chicken Tenders w/ Roll
or Diced Turkey Salad w/ Roll
Sliced Green Pepper & Ranch
¾ Cup Seasoned Diced Carrots
1 Cup Assorted Fruits
Sweet Treat

20

Chicken Pot Pie **or**
Cheeseburger
w/ Mayo/Mustard/Ketchup **or**
Chicken Caesar Wrap
¾ Cup Seasoned Diced Carrots
Cucumber & Tomato Salad
1 Cup Assorted Fruits

21

Thanksgiving at LPE/RRE

Thanksgiving at ME

Thanksgiving at RMS/BMS

Thanksgiving at CMS/CCM

HAPPY
**Thanks.
giving.**

24

HAPPY
**Thanks.
giving.**

25

HAPPY
**Thanks.
giving.**

26

HAPPY
**Thanks.
giving.**

27

HAPPY
**Thanks.
giving.**

28

Menu items are subject to change based on product availability. This menu follows the USDA National School Lunch Program (NSLP) meal pattern requirements for grades K-5. Students will have the option to choose between 1% white milk, fat-free chocolate milk, or fat-free strawberry milk with each lunch.

Thanksgiving Hosting Events: Nov 11th-Nov 20th